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Lifehacker: The Guide to Working Smarter, Faster, and Better [Adam Pash, Gina Trapani] on Amazon.com. *FREE* shipping on qualifying offers. A new edition, packed with even more clever tricks and methods that make everyday life easier Lifehackers redefine personal productivity with creative and clever methods for making life easier and more ...8) Working smarter increases self-esteem. This should be obvious by now, but it bears spelling out. If you are working smarter than you are hard, creating a better product or end result with less effort, and applying all your faculties to solving the problems of a given task, you're going to feel better and like you've accomplished more. While Kaizen translates just to "good change" and doesn't really have much implied meaning beyond that, in productivity circles the term means "constant, continual improvement". There's no better feeling than checking something off your to-do list. Done! Finished! Mission accomplished! Yet it's so easy to let a whole day or week go by without knocking one task off your list., Lifehacker Working Smarter Faster Better.

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